

# A Special Gift for You

From Baloo Living in support of  
The Ladies of Hope Ministries



baloo

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Weighted blankets are designed to apply a gentle, even weight to the body, simulating the effects of Deep Pressure Touch. This has been shown to help with falling asleep faster, and deeper sleep throughout the night. The gentle weight soothes the nervous system by decreasing stress hormones (cortisol) and increasing feel-good hormones (serotonin), all naturally.

Our 12lb Weighted Throw (retail \$159) can be used at night while sleeping, or during waking hours to feel more calm & grounded.



**Machine Washer  
& Dryer Safe**



**Safe for Ages  
5+ Years**

For more information, visit [balooliving.com](https://balooliving.com) or [@balooliving](https://www.instagram.com/balooliving). If you have any questions, email us at [care@balooliving.com](mailto:care@balooliving.com).